

TOUCH

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What does it stand for?

Translating

Osteopathic

Understanding

into Community

Health

What counts?

SUPER Simple!

- Activity that improves the health of the community
- Promote osteopathic theory or practice
- Doing good for others without receiving payment

What counts?

- TOUCH Hours are any activity that works to improve the health and wellness of a community which incorporates osteopathic tenets, awareness, principles, and practice.
- Service Hours are defined as any event that involves active participation or directly benefits the betterment of the community either local or global.
 - TOUCH Hours and Volunteer Hours are both designated as Service Hours.
 - Activities can be associated with either COM student organizations or external organizations.
- The “community” shall be designated as those outside of each institution. Community includes local, state, national, and international activities.

Why should you do it?

- Participation recognition
 - Students who complete 0.5 to 49.75 approved TOUCH Hours
- Silver-level recognition
 - Students who complete 50 to 99.75 approved TOUCH Hours
- Gold-level recognition
 - Students who complete 100 or more approved TOUCH Hours
- Platinum-level recognition
 - Awarded to the student at each COM with the highest number of approved TOUCH Hours
 - In the case of a tie, all students at a COM who achieve the same maximum approved TOUCH Hours will receive Platinum recognition
- Recognition may include, but is not limited to: certificates, plaques, trophies, or other materials as deemed appropriate by the COSGP Student Services Committee.
- Letter of Commendation
 - A Letter of Commendation will be sent to the COM Dean from the AACOM President suggesting it be included in the student's commitment to service in his/her Medical Student Performance Evaluation (MSPE)



Volunteer Sites

ACOM

ARCOM


ATBU-ACOM

ATBU-SOMA

AZCOM

BCOM

- Touch Cycle: 5/1/18-4/30/19
- <https://www.trackitforward.com/site/uiwsom>
- More information
 - <https://www.aacom.org/cosgp/touch-program/touch-program-rules-and-regulations>

| <p>Step 1</p>  <p>Register</p> | <p>Step 2</p>  <p>Download the App</p> | <p>Step 3</p>  <p>Log Your Hours</p> |
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| <p><u>If you used the TOUCH system last year or your COM Coordinator signed you up</u></p> <ol style="list-style-type: none"> ① When you receive your invitation email, click on the link provided ② Click on "Login" ③ Set and confirm your password, then click "Save" <p><u>If you need to sign up yourself</u></p> <ol style="list-style-type: none"> ① Go to Track It Forward (www.trackitforward.com/group/aacom-touch-site) ② Find your COM TOUCH site ③ Click on Sign Up ④ Fill out your profile information ⑤ Click on Sign Up again | <p><i>"You must create your account on the computer prior to signing into the app"</i></p> <ol style="list-style-type: none"> ① Open the app store on your mobile phone ② Search for "Volunteer Time Tracking" or "Track It Forward" ③ Download and install the app ④ Login with your credentials   | <ol style="list-style-type: none"> ① Login to Track it Forward (or open the mobile app) ② Find your COM TOUCH site ③ Click on "Log Hours" ④ Fill out all the necessary fields ⑤ Click "submit time" <p><i>"Your submission will appear as PENDING until it is approved"</i></p> |



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