



Standard 9_Element 9.8-3 List of Mental Health Services
Last Reviewed: December 9, 2020

BEHAVIORAL HEALTH

SAN ANTONIO

UIWSOM

- (a) Access to daily confidential counseling with a dedicated UIWSOM counselor is available regularly on the Brooks campus. Services include coaching, individual and couples counseling, crisis intervention, and targeted assessment. UIWSOM's counseling staff includes a full time Behavioral Health Manager who is responsible for focusing on learners' mental wellness by overseeing mental health services and programming. In addition, an additional counselor and student interns have been added to the staff. Call 1-210-829-6017 Monday through Friday from 8:00 a.m. to 5:00p.m. Additional evening hours, Saturday and Telehealth visits are available.
- (b) At their choosing, learners can also be seen at the UIW Broadway campus which provide an additional confidential location for services.
Call 1-210-832-5656 <https://my.uiw.edu/counseling/index.html>

OFF-CAMPUS SERVICES

- (a) Health Insurance: Wellfleet Health Plan
Connect Care CareConnect - Wellfleet Student CareConnect to be immediately connected to a counselor
1- 888-857 -5462 <https://wellfleetstudent.com/careconnect/>
- (b) CommuniCare --access for both counseling and psychiatric services without a fee

PSYCHIATRIC SERVICES

- (a) Outpatient – UIW Broadway Campus
Individual referral or direct appointments to UIW Health Services
Psychiatry
- (b) Crisis Intervention
24/7 hot line for suicide prevention on Behavioral Health site
National Suicide Prevention Lifeline: 1-800-273-8255
National Alliance on Mental Illness(NAMI) www.nami.org/Find-Support
NAMI Helpline: 1-800-950-NAMI (6264)
Bexar County Crisis Line (210) 223-7233
24 hours a day for any type of psychiatric crisis_
[https://chcsbc.org/get-help/childrens- services/crisis-care-services/](https://chcsbc.org/get-help/childrens-services/crisis-care-services/)

Texas Suicide Prevention
(800) 273-8255
Veterans Suicide Prevention Hotline (800) 273-8255, press 1
Catholic Charities of San Antonio
(210) 222-1294

- (c) Inpatient
- University Health System
<https://www.universityhealthsystem.com/services/behavioral-health>
 - San Antonio Behavioral Health
<https://www.sanantoniobehavioral.com/>
 - CHRISTUS Health Behavioral Services
<https://www.christushealth.org/services-treatments/behavioral-health>
 - Baptist Health System San Antonio
<https://www.baptisthealthsystem.com/services/psychology>
 - Methodist Healthcare Department of Psychiatry
<https://sahealth.com/specialties/behavioral-health/>
 - Brook Army Medical Center Health Services
<https://www.bamc.health.mil/>
 - Clarity Child Guidance Center
<https://www.claritycgc.org/>
 - Laurel Ridge Treatment Center
<https://laurelridgetc.com/>

OUTSIDE SAN ANTONIO

- (a) Laredo
Psychology and Psychiatry - Gateway Community Health
<https://gatewaychc.com/behavioral-health>
- (b) San Angelo/Abilene
<https://www.shannonhealth.com/services/behavioral-health.aspx>

THE TEXAS PHYSICIAN HEALTH PROGRAM (TXPHP)

- (a) A non-profit organization which protects the health of Texans and promote medical excellence by serving physicians, physician-in-training (including medical students), and others affected by substance use disorders (SUD), physical illnesses and impairment, and/or psychiatric conditions. TXPHP fulfills this mission by providing education, recognition, and assistance in diagnosis and treatment for physicians, physicians in training, and others through a recovery program adapted and monitored according to their specific needs. <http://www.txphp.state.tx.us/>
- (b) TXPHP functions in cooperation with existing entities within the Texas Medical Association, the Texas Osteopathic Medical Association, and others who currently interact with the potential participant population.