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## Professional Organization

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- American College of Osteopathic Neurologists and Psychiatrists - [www.acn-acnp.webs.com](http://www.acn-acnp.webs.com)
- American Psychiatric Association [www.psych.org](http://www.psych.org)



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## Psychiatry Fellowships

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The following fellowships are available for those interested in subspecialization in psychiatry:

- Addiction Psychiatry
- Child & Adolescent Psychiatry
- Clinical Neurophysiology
- Consultation-Liaison Psychiatry
- Forensic Psychiatry
- Geriatric Psychiatry
- Hospice Medicine & Palliative Care
- Pain Medicine
- Sleep Medicine

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## Career Counseling

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If you are interested in learning more, please feel free to meet with the UIWSOM Career Counselor, Dr. Martin Timoney in A113 in Building 1. Scheduled appointments and walk-ins are both welcome. You can schedule an appointment directly onto Martin's calendar by scanning the QR code below. You can also email him at [timoney@uiwtx.edu](mailto:timoney@uiwtx.edu) or call him at 210-619-7074



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## Data Sources

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The information found in this leaflet came from the following sources:

- Association of American Medical Colleges (2019). "Psychiatry." from <https://www.aamc.org/cim/specialty/exploreoptions/list/do/341450/psychiatry.html>.
- Freeman, B. S. (2019). *The ultimate guide to choosing a medical specialty*. New York, McGraw Hill.
- National Resident Matching Program (2019). *Results of the 2019 NRMP applicant survey*. Washington, DC
- National Resident Matching Program (2020). *Results from the 2020 NRMP program director survey*. Washington, DC.
- National Resident Matching Program (2018). *Charting outcomes in the match: Senior students of U.S. Osteopathic medical schools*. Washington, DC.

# Psychiatry



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## Residency Fact Sheet 2020/2021

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SCHOOL of  
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Office of Admissions & Student Affairs

## Residency Basics

Mean COMLEX 1 (2020)	527
Mean USMLE 1 (2020)	225
Preliminary Year	No
Residency Length	4 Years
Number of Programs	269
Percentage of Programs that typically offer interviews to DO students (2020)	79%

## Lifestyle Overview

Median Salary	\$261,000
Average Work Hours per week	46.5
Average Weeks Worked per Year	47.1

## Top 5 Factors Cited for Selecting Programs to Apply to

- Desired geographic location (90%)
- Perceived sense of compatibility with program (83%)
- Reputation of the program (77%)
- Work/life balance (74%)
- Program located at an academic medical center (64%)

## Top 10 Factors for Selecting Candidates for Interview (2020)

1. Personal statement (86%)
2. Perceived commitment to specialty (81%)
3. MSPE (78%)
4. USMLE Step 2 CK score (76%)
5. (=4) Clerkship grades in desired specialty (76%)
6. Letters of recommendation in the specialty (73%)
7. (=6) Passing USMLE Step 2 CS (73%)
8. Personal prior knowledge of the applicant (65%)
9. (=8) Audition elective at the program (65%)
10. Grades in required clerkships (62%)
11. (=10) USMLE Step 1 Score (62%)

## Top 10 Factors for Ranking Applicants in the Match (2020)

1. Interpersonal skills (100%)
2. Interactions with faculty during interview (97%)
3. (=2) Feedback from current residents (97%)
4. Interactions with house staff during interview (95%)
5. Perceived interest in program (78%)
6. MSPE (68%)
7. (=6) Personal statement (68%)
8. Perceived commitment to specialty (62%)
9. Letters of recommendation in the specialty (59%)
10. (=9) Evidence of professionalism & ethics (59%)
11. (=9) Passing USMLE Step 2 CS (59%)

## Interpreting the Data

- Psychiatry requires solid scores in board exams in order to be considered by program directors.
- USMLE scores are valued by program directors in anesthesiology and DO applicants should consider taking USMLE exams.
- The personal statement is a very important component of the psychiatry application. Care should be taken to convey a genuine interest in and passion for psychiatry in order to avoid any impression that psychiatry is a safety net in case other specialties do not work out. The personal statement should demonstrate qualities necessary for the specialty, such as empathy, honesty, and maturity (Freeman, 2019).
- Letters of recommendation are valued highly by program directors in psychiatry. Applicants should have at least two strong letters of recommendation from psychiatrists (Freeman, 2019).
- Applicants should aim to do well in all core rotations and try to achieve an honors grade in the psychiatry rotation.
- Applicants should seek to schedule additional psychiatry electives early in their fourth year in order to strengthen their application and secure letters of recommendation. Audition electives at programs the applicant is hoping to match into can also be helpful.